

NAME _____

Chapter 5: What is the Mass?

The Sacrifice that Transcends Time _____

Giving Thanks, Giving Ourselves _____

Really Present in Priest and People _____

Jesus, the Living Word _____

This is my Body, My Blood _____

A Meal Like No Other _____

What are the four ways that Christ is really present? _____

Chapter 6: Getting More Out Of The Mass

It's Our Choice _____

Before Mass Begins _____

After Mass Follow-Up _____

Keep Holy the Lord's Day _____

Adoration of the Blessed Sacrament _____

What to Do, What to Expect _____

What does the word, "Mass" mean and what does it have to do with the Lord's Day?

NAME _____

Chapter 7: Keeping A Pure Heart

The World, the Flesh, the Devil _____

Sin: A Few Basics _____

Taking a Stand _____

Live it Out! _____

Biblical Prayers for Your Prayer Time _____

Pray, Fast, Give Alms, Endure _____

Special Moments of Repentance _____

The Good Medicine of Confession _____

What is the difference between mortal and venial sin? _____

What are sins of omission? _____

Chapter 8: Mary and the Saints

Big and Small "S" Saints _____

Honor the Lord, Honor His Works _____

Mary, the Greatest "Great Lady" of All _____

Choose Your Role Models! _____

Following Mary's Footsteps of Faith _____

The One Mediator and His Work _____

My Prayer Partners, the Saints _____

How would you explain the role of saints to a friend who was not Catholic?
